



Skin Snippets

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What's Going On???

Happy New Year! 2010! Remember all that Y2K stuff? And now it's 2010! Time flies when your having fun, eh! I hope you all had a lovely Christmas with your loved ones. We certainly did. Seth thought wrapping paper was unreal and the only thing better was the bright red baubles on Nana's tree which he kept throwing and yelling to - ma- to!!! Yes, he says tomato but that's what he calls all fruits and veggies!

Christmas at Skinovations was a little more exciting than I'd like it to be. Callie flew to New York with her partner, Dan. She'd put her order in for a white Christmas and it seemed she may

have wished a little too hard. The day she left Sydney the east coast of America was experiencing blizzard conditions and all airports had shut down! We still don't know whether she was able to land in New York or whether she was diverted but she'll tell you all about it and the rest of her trip in the February newsletter.

Meanwhile, the week before Christmas was of course flat out at Skinovations so you can imagine my horror when Steph called in sick on our last day before Xmas. Not only was I panicking about how crazy the day would be without her but I knew she must be very sick

indeed to not come in. By the afternoon Steph was in hospital and on the morning of Christmas eve they took out her appendix! Poor Steph had to stay overnight but did make it home on Christmas Day. She is feeling much better and making a good recovery.

Jess and Amanda worked very hard over the Christmas period to make sure everyone was ready for the party season and did a great job of it under very tough conditions - well done girls.

Important Dates

- March 9- Dr Vella visit
- Feb 1 - Carolyn (laser) first day back from holidays
- Feb 14 - Valentines Day - leave our Valentines special around for your other half to see!



Look Good Feel Better

You may have heard about Look Good Feel Better (LGFB), a national program that helps women cancer patients restore their self image.

The program teaches women to care for their skin, how to use make up and how to wear wigs, hats and scarves to conceal

their hair loss if they choose too. Every client is given a pack of skin care and make up to use in the workshop and to take home. The cosmetic industry generously donates all of the products used for the workshops and the workshops are run by volunteers. Both Mel and Callie regularly volun-

teer their time for the program.

In a few short hours the change in the clients is dramatic, and not just physically. They laugh and have a good time and a chat with other women treading a similar road to them.

This year we will be raising money for the program. Each month we will have an offer or event that will contribute to the LGFB program. Look for the flower symbol at the heading of this article and you will know that you too are contributing to this worthy cause for women.





Let Us Reward You

Many of you are now enjoying the benefits of being a Skinovations Rewards club member.

Rewards Club members earn 1 point for every \$10 they spend in the salon and points are earned on all dollars spent - treatments, dermalogica, candles, make up - absolutely everything!

Lots of you already have enough points to start redeeming them for FREE treatments!

For just 25 points you can get a FREE

eyebrow wax or eyelash tint.

Or maybe your saving up for the 125 point reward of a FREE 1 hour make up lesson or a Signature Skin Treatment! And of course there are lots of other rewards to choose from too.

Plus when you do cash in your points for a reward we'll give you a second voucher for the same reward to give to a friend absolutely FREE! That'll make you popular!

To start earning rewards points you

need to become a member of the club. The Rewards Club membership has an annual fee of just \$40 and you even earn points on the payment of the fee!

So start having FREE treatments at Skinovations by joining the club and earning rewards points from today!

Call Now and speak to our staff about how you can become a member.

Lovely Legs

All the hot weather we've been having has meant we're all stripping off! Well, at least losing our long pants that is. But if your legs are still not ready to bare here's a few tips to make sure they are - and in record time!

1. **Exfoliate** - Slough away rough, dry dead skin cells with regular exfoliation. Not only will your skin feel smoother and softer but your circulation will be boosted relieving aching legs and improving the appearance of cellulite. Try **Dermalogicas Exfoliating Body Scrub** (\$49)

2. **De-Fuzz** - Hairy legs are never going to be a good look so choose a method of hair removal that is easy, effective and affordable for you. Laser offers the longest lasting results with the average number of treatments needed being 6-after that you no longer need to worry about hair! If that's a bit out of your price range try waxing. True, it's a little uncomfortable at first but the hair re-grows softer and finer and you'll only need to do it about once a month. If you just can't part with your razor at least

change your blade regularly and use a good quality product to prepare and protect your skin. Try **Dermalogicas Soothing Shaving Cream** (\$26)

3. **Lumps and Bumps** - are something we all have to contend with! Cellulite is the most common complaint we hear about womens bodies, yet one of the most difficult to change. Fluid retention is also another common problem for many women. Both conditions are related in some way to circulation. Massage is an ideal way to improve the circulation of this area in a relaxing way. Try a **30 minute foot and leg massage** at Skinovations (\$35).

4. **Fake It!** - a tan can hide a multitude of sins but sadly the pursuit of a real tan can be deadly. Both the sun and solariums are a sure way to skin cancer. 1 in 3 Australians are affected every year! When will we learn! However you don't have to be lily white thanks to spray tanning. Tuscan Tan will give you a natural looking tan in about 5 minutes. The golden hue adapts to the natural tones of your skin to give you the most natural looking tan available.

The tan will last you 7-10 days depending on how well you care for it and costs just \$35

5. **Moisture, Moisture, Moisture!** -

Whether you've tanned or not, hydrating your skin is the fastest way to improve it's appearance. In the long term, regular moisturizing will help keep the signs of aging at bay.

Choose a moisturiser that's perfect for your skin concerns. If your sporting a spray tan try the **Tuscan Tan Tinted Tan Extender** (\$25). This deliciously caramel scented cream contains hydrating ingredients to lock your tan in for longer and a light tint to maximize your tans appearance. Super dry skins will love **Dermalogicas Ultra Rich Body Cream** (\$77). Evening primrose oil and panthenol will soothe and nourish parched skin while Vitamin E provides future protection. Or if you have trouble with ingrown hairs or even break out on your chest and back use **Dermalogicas Body Hydrating Cream** (\$77) which has hydroxy acids to remove dead skin build up while it hydrates and protects.

Has The Holiday Season Left You Feeling Flat, Tired Or Just Plain Exhausted?



Relax and Revive with an Hour Of Bliss for Just \$99!

Introducing The 20 - 20 - 20

- 20 Minute Mini Facial
- 20 Minute Stress Relief Back Massage
- 20 Minute Reflex Foot Massage
- 20 Minute Indian Head Massage
- 20 Minute Neck, Shoulder and Scalp Massage
- 20 Minute Rice Bran Body Scrub

**YOU choose ANY 3 of the above treatments
for just \$99**

But hurry— only 27 packages available

Call Now 9673 6059

Package must be purchased in January.
Package must be taken by February 28.
Package cannot be used in conjunction with any other offers

<p>\$40.00 OFF POWER RICH</p> <p>Loved by Hollywood celebrities such as Charlize Theron and Dianne Lane Power Rich is Dermalogica's Crème de la crème product.</p> <p>Power Rich is used as a moisturiser or night cream for its super hydrating properties. Acid free smoothing agents work on fine lines and enlarged pores. Active botanicals firm and tone the skin, improving its elasticity.</p> <p>Power Rich can be used all over the face, throat and chest or just as an intensive eye treatment.</p> <p>A box of 5 (5-6 weeks supply) is normally \$290 but this month you can get your hands on it for just \$250!!! That's just \$50 per tube! Save \$40!</p> <p>Or purchase a single tube for \$55 (normally \$65) and save \$10.</p> <p>January Only and Only While Stocks Last</p>	<p>\$15.00 OFF FACIAL</p> <p>Skinovations Skin Brightening Treatment uses the latest state of the art Dermalogica ChromaWhite range of products to treat pigmentation.</p> <p>ChromaWhite is a multi step system that is used to control the discoloration of pigmentation and to give visible brightening results.</p> <p>This amazing treatment will brighten your skin while you relax for 1 hour and 15 minutes. You'll receive a face, neck and shoulder massage as well as your choice of hand and arm or neck and shoulder massage.</p> <p>Usually \$85, try out our Skin Brightening Treatment this month for just \$70!</p> <p>Save \$15.00!</p> <p>So Call Today</p> <p>Strictly January Only Appointments are Limited</p>	<p>FREE POWERFOLIANT SAVE \$134.00!!!</p> <p>Purchase any 2 products from the ChromaWhite range and receive a Powerfoliant (valued at \$134.00)</p> <p>ABSOLUTELY FREE</p> <p>Dermalogica Powerfoliant is a two-part powder-liquid exfoliant that activates when combined.</p> <p>It will give you dramatically smoother and brighter skin and allows maximum absorption of treatment products applied after use.</p> <p>JANUARY ONLY and Only While Stocks Last</p>
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Dermalogica - Good Value!

You may not know that some of your much loved Dermalogica products are multi-purpose. Multi use products are great value and make using Dermalogica even better value. Check out our list below to see just how valuable your favourites are.

- ✓ PreCleanse Used as a first cleanse it's also a terrific eye and lip cleanser. Great for waterproof mascara.
- ✓ Dermal Clay Cleanser A cleanser which doubles as a mini masque - just leave on for 5 minutes.
- ✓ Skin Resurfacing & Tri-Active Cleanser Cleanse and microfoliate in one swift step.
- ✓ Daily Clean Scrub Made for blokes, great for teens and girls too. Cleans and exfoliates in one step.
- ✓ Power Rich Treatment moisturiser, eye cream and microfoliating.
- ✓ Overnight Clearing Gel Much loved by anyone who suffers with blackheads and blocked pores. Is also a fantastic treatment for ingrown hairs, particularly stubborn bikini line ingrowns.
- ✓ After Sun Repair My current personal favourite! This naturopathic formula is designed to treat the inflammation and discomfort of sunburn. I have found it great for inflammation and irritation of any kind. We've used it on both sun and wind burn, itchy and red dermatitis, and even chaffing. We used it on Seth on new years eve. After spending a few hours in the ER of Nepean hospital for some nasty looking blisters on one arm, they decided it was most likely a reaction to a bite of some kind. No treatment was necessary but the lumps were very red and inflamed so I applied After Sun Repair. The redness immediately improved and by the following day the inflammation had dramatically decreased. It is truly a first aid kit in a tube that you should have at all times!